

# Lisa's "new cold" book

By Mommy and Daddy



## What is going on?

### A new cold



There is a new cold that can make people cough and feel like Sickly Sues.

### Doctors help



We are being extra careful while doctors learn about this new cold so they can help people feel better right away.

### Lisa helps



Lisa helps by doing special things.

# Lisa helps by:

## Washing hands



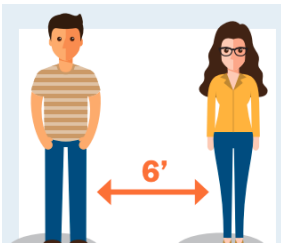
When we come inside  
Lisa washes her hands.

## Using Hand sanitizer



Before having snack, Lisa  
cleans her hands with  
hand sanitizer when we  
are outside.

## Giving space



When we are outside,  
Lisa makes space for  
other people on the  
sidewalk by moving over.

# Lisa notices changes

## Forest school is over



We feel sad that we don't  
get to explore the forest  
with Teacher Tom and  
Aurora this year.

## Playgrounds and Science World are closed



Some places we like are  
closed and we feel sad. One  
day they will open again.  
We can still play on the  
grass and in the forest.

## Watch animals on the computer



We watch new animals  
on the computer. This is  
fun!

# Lisa notices changes

## Masks



Some people wear masks outside. Mommy makes masks for all of us to play with and wear – just like the dentist!

## Daddy works from home



Daddy works from home now. This won't be forever, but it's fun to have lunch with Daddy.

## Music class is on the computer



We see teacher Janice on the computer for music class instead of walking to Douglas park.

# Lisa notices changes

## We don't go to Gammie and Grandpa's house



Gammie and Grandpa sometimes feel sick so we can't visit their home as often. We feel sad.

## Sing songs with Gammie on the computer



Lisa likes it when Gammie reads books and sings songs on the computer. Lisa likes the "Dicky Birds" song.

## Look outside with Grandpa on the computer



Lisa likes it when Grandpa shows her bikes and the Bubble Man outside his home on the computer.

# Lisa notices changes

## Lucy comes to play in the morning



Lisa likes playing with Lucy in the morning! She eats snack with Lisa too. Auntie B plays frisbee with Lisa at the park.

## Eat dinner with Kate on the computer



Lisa and Kate eat dinner together on the computer. Lisa likes pretending to eat Kate's food.

## Lisa rides her scooter fast



There is more space now to ride your scooter *fast* at the park. Lisa likes to ride her scooter!

# My family loves me!

Remember, if Lisa feels scared, we can sing, **“When we do something new, let’s talk about what we’ll do.”**

The new cold has changed some things in our life. These changes won’t be here forever. But mommy and daddy and Lisa will always be a family. Lisa’s mommy and daddy love her very much!

